

Chicken Salad Without A Country

Servings: 6

Start by getting this:

3 to 4 Boneless Skinless Chicken Breasts 1/3 cup Mesquite Barbecue Sauce

2 TBS. White Wine Vinegar

1 TBS. Lemon Juice

1 TBS. Dijon Mustard

1/4 tsp. Ground Black Pepper

1 small Garlic Clove, finely chopped

4 TBS. Olive Oil

6 cups Mixed Salad Greens

1 Pear, cored and thinly sliced

Now, prepare!

Step One:

Rinse chicken and pat dry. Brush chicken breasts with mesquite sauce

Step Two:

Over hot coals or in broiler of oven, grill chicken about 4 to 5 minutes on each side or until chicken is no longer pink when cut into. Let cool. Slice chicken into thin strips.

Step Three:

In small covered container mix vinegar, mustard, pepper, and oil; shake well.

Step Four:

To serve, place salad greens on plates and top with chicken and pear. Sprinkle with vinaigrette.